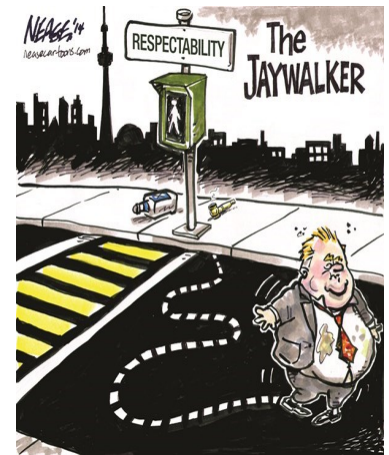




## Yuma Intergroup Presents

# Yuma Jaywalker

(from the Big Book Pg 37)



### This is My Story By Pattie O.

I would like to thank the Newsletter Publisher and Editor for asking me to tell part of my story.

I have been sober for 27 years. I don't say that to boast, but as a testimony to the fact the Alcoholics Anonymous has worked to keep me sober. My Home Group is Safe Harbor. We meet every Tuesday and Friday at 5:30. I hope you can join us sometime.

I had my first drink of alcohol at 13 years old and my last drink at 45 years old. By the time I was 17, I moved from California, to Alaska, to South Carolina, to Hawaii, to Florida, back to Alaska until I ended up back in California where I was raised; well, you get the point; I was a big geographical drinker. I wanted to escape every time my life seemed to go in a wrong direction. The problem, of course, was that I kept taking myself along. My drinking escalated slowly. It worked for me for a long, long time. I was married, had a child, got divorced all in Alaska and left looking for something or someone that would save me. All the while, I couldn't cope with life unless I was partying. I tried to be a good mother but wasn't too successful. After I got sober, I realized I was in my disease and was doing the best I knew at the time.

I met my second husband at the company I worked for and we were both alcoholically drinking. He had two kids and I had one. We set off to raise our sons together and partied like crazy for two years before he went to his first rehab. During the subsequent 10 years, I went to two rehabs, and he went to three. I finally found myself wanting to die by drinking myself to death after I was no longer able to work. I was drinking non-stop. Our kids were grown and my husband was the only one still working. I finally asked for help and Alcoholics Anonymous was there.

I have learned so much about myself over the years and probably the biggest lesson I have learned is to gain any kind of humility, I needed to not think less of myself but to think of myself less often. In other words, get out of my self-centeredness and try to help someone else that wants to get and stay sober. I may not be the best example of A.A. but all my sponsors have told me that I can't keep this priceless gift unless I give it away so I sponsor women as much as they will allow me to and hope they pass along the same with other new women coming into the Program.

## This is My Story By Pattie O.

(continued from page 1)

There is not enough room here to express how grateful I am to A.A. for the life I have today. When I was two years sober, we moved to Texas for my husband's job. We fell right in to A.A. and started doing a lot of service. It really helped to get to know people. At nine years sober, we moved to Oregon and through continuing to do service in A.A., we had 13 wonderful years there before moving to Yuma. I have 4 grandchildren and none of them have ever seen me drunk. I found out that I didn't completely destroy my son's life. He is a much better father than I was a mother, and I just want to be the best mother and grandmother I can be today. A.A. service continues to be very important to my sobriety, so I keep doing it. Sometimes, even when I don't want to. I was taught to suit up and show up no matter what.

I think I will take another day sober and see what happens next .

## Sobriety Milestones—Happy Birthday!! October, November and December

*We give medallions (chips) for lengths of sobriety to show the newcomer that it can be done and to remind ourselves how far we have come.*

### October

Lucy J—10/12/07  
Kenny J—10/14/07  
Judy W— 10/19/1977  
Sharon H—10/22/1982  
Vickie M—10/26/01  
Judy C—10/28/04  
Kim P—10/30/20

### November

Ashley—11/04/20  
Sandi L—11/04/1992  
Wanda M—11/09/16  
Mike S—11/10/1987  
Mark E—11/11/1989  
Mike C—11/14/06  
Ralph C—11/16/1990  
Diane C—11/18/1990

### December

Bud N—12/12/17  
Vina M—12/17/19  
Jimmi R—12/07/1978

Let us know when your AA Birthday is so we can include you in our newsletter. Send us your name and sobriety date and we will be sure to let all of Yuma celebrate you and your great accomplishment!

Send your information to [newsletter@aayuma.com](mailto:newsletter@aayuma.com)

The next newsletter will celebrate all who have January, February and March 2022 AA birthdays.



## Grapevine Traditions Checklist For Individuals and Groups

Has your Group ever done a Group Inventory? Here are some additional questions you may find helpful to ask your group members on Tradition Two.

“For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

1. Do I criticize or do I trust and support my group officers, AA Committees, and office workers? Newcomers? Old-timers?
  2. Do I have to save face in group discussions, or can I yield in good spirit to the group conscience and work sheerfully along with it?
  3. Do I look for credit in my AA jobs? Praise for my AA ideas?
  4. Although I have been sober a few years, am I still willing to service my turn at AA chores?
  5. In group discussion, do I sound off about matters on which I have no experience?
- 

## On the Lighter Side

A drunk guy in Alaska decides to go ice fishing. So he packs up his stuff and goes out onto the ice. He starts sawing a hole in the ice and a loud booming voice says;

“YOU WILL FIND NO FISH UNDER THE ICE.”

The drunk looks up, ignores it, and continue on.

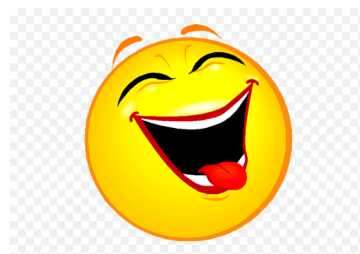
The voice repeats;

“YOU WILL FIND NO FISH UNDER THE ICE.”

The drunk looks up and says, “God?? Is this you God trying to warn me?”

The voice says;

“NO, I’M THE MANAGER OF THIS ICE RINK.”



## Featured Home Group

### The Sunrise Group

#### Spotlight on Home Groups

The Newsletter Staff has decided to pick a different Home Group from our Yuma area to feature in every published Issue.

The Heart of A.A. and personal continued sobriety depends upon each individual Home Group.

If you would like to have your Group written up in the newsletter or you would like to provide us with a few paragraphs about your Group, please contact us at:

***Newsletter@aayuma.com***

The Sunrise Group of Alcoholics Anonymous has been in existence for several years, meeting at the 449 Club at 6:30 a.m. Monday through Sunday.

Starting in the “little room”, the meeting gradually became larger, moved to the main room, and today is one of the largest attended groups in our area. It hosts from 15 to 45 people on any given day and has been known to be a “standing room only” capacity on Sunday mornings, or when a long time home group member celebrates a birthday.

The group has a 12 by 12 Study on Tuesdays, a Big Book Study on Thursdays, reads a Grapevine story on Saturdays, and home group members look forward to sharing positive experiences of gratitude on “Gratitude Fridays”. On Mondays, Wednesdays, and Sundays, the suggested topic is the Daily Reflections, which is read every morning during the introduction portion of the meeting, but attendees are always welcome to share whatever topic is on their heart.

Many members of this group started their sobriety here and range from being a newcomer to over 30 years of sobriety.

As an autonomous meeting and self supporting through their own contributions, they supply several pots of coffee every morning with a variety of different flavored creamers. Donuts are commonly served on Sundays.

Sunrise is an extremely friendly group and will go the extra mile for a newcomer stumbling into the doors for the first time or for a long time member sharing a serious issue needing assistance; even varying away from an ongoing topic during the meeting to offer experience, strength and hope.

Those attending Sunrise for the first time will be instantly greeted, welcomed, and made to feel right at home. Laughter is a common occurrence, as they are not a glum lot!



## From Yuma District 15

Hello District 15, greetings from your District Committee.

We are getting use to our new meeting place, the Foothills Alano Club. In September we had a full house and a great meeting.

We are gearing up for the district seminar on October 30. The "Being of Service" seminar will be held at the Trinity United Methodist Church, 3030 S. 8th Avenue in Yuma from 8 to 4. The agenda includes presentations on AA literature, The Twelve that Shaped AA, and the Delegates report on General Conference. There will be morning coffee and a potluck lunch. Bring something to share for lunch and enjoy the fun.

The area November Assembly is coming up. This will be an election assembly and we will vote for the next Trusted Servants. This is a great assembly to observe AA in action. The voting is different from the typical voting methods. AA's Third Legacy Procedure is a special type of electoral procedure, used primarily for the election of Area Delegates, Regional and other Trustees and International Delegates, where more than one candidate is nominated. GSRs, the DCMC, and the Intergroup Representative are voting members in the area elections. Anyone, voting or nonvoting, can attend. Go to the area website, [www.area03.org](http://www.area03.org) to register.

The assembly will be a Zoom meeting. Registration is free and you need to register to get the ID and Password.

As the area elections get underway in November, so do the district elections. At the October meeting, the committee will nominate candidates for open positions. It will also give other AAs the opportunity to provide service to the district. Service at the district level will give one the ability to learn how the district functions and the services provided to the groups. It is also the link between the group and area. Come and see your district trusted servants working for you. Voting will take place in November.

The next meeting will be held on October 20th at 7:00 pm.

Remember to try a new meeting and meet new friends.

In love and service,

Paul B.

District Committee Member Chair (DCMC)

## From Yuma Intergroup

Hi Yuma Area AA's!

"A Central or Intergroup office is an A.A. service office that involves partnership among groups in a community — just as A.A. groups themselves are partnerships of individuals. A central/intergroup office is established to carry out certain functions common to all the groups — functions which are best handled by a centralized office — and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers. ... Service centers usually have no authority on their own account; they derive it from the participating groups. Central/Intergroup offices are essentially A.A. service entities, "directly responsible to those they serve," as described in Tradition Nine. Local group representatives reflect the groups' conscience in the service center operations."

(Reprinted from AA Guidelines MG-2 with permission of A.A, World Services, Inc.)

The intergroup is excited to announce our new Central Office location (1455 S 4th Ave). We've been asking for suggestions in local meetings and looking at office spaces for about 6 months and found a great space right under our noses. An AA member spotted a "For Rent" sign directly across 4th Avenue from our old office that ended up being almost exactly what we've been looking for. The new office is visible from 4th Avenue and has a lot more usable space for our needs. It's large enough for us to increase our inventory and selection of AA approved literature, to have room for more than 1 or 2 visitors at a time and to have our Intergroup meetings there (the 3rd Thursday of the month at 6:00 PM). We added 2 days to the schedule, so we're now open on Mon, Thu, Fri, Sat from 11-1 and on Wed from 5-7. We're planning on having an 'open house' at the office soon and will try to let everyone know when that's happening. In the meantime, please stop by and say Hi!

We are still working on ways we can keep people informed. The Intergroup is directly responsible to our local groups and to accomplish that we need to have more home group representatives (IGRs). The Central Office currently provides a 24-hour answering service, access to AA approved literature, meeting schedules, 12-step lists, and a district/intergroup newsletter and website. It can also act as a liaison between the district committees and individuals needing the services of cooperation with the professional community, public information, treatment, and corrections.

Thank you for allowing me to be of service,  
Paul L (Intergroup Chairperson)  
intergroup@aayuma.com

## 8th Annual Yuma Roundup

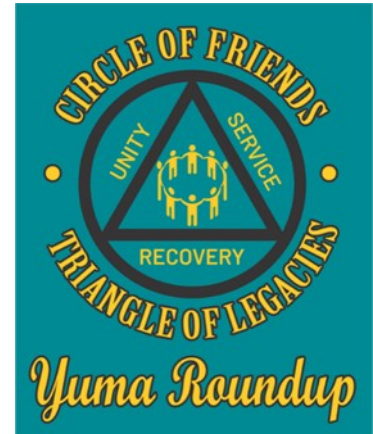
### 2022 Theme: “Circle of Friends, Triangle of Legacies”

2022 will be the 8th Annual Yuma Roundup. The Yuma Roundup started in 2014 from very humble beginnings, with the service of a few. Today we have many volunteers and attendees participating from Arizona to Canada. The Roundup speakers share their experience, strength and hope from all over the map. Our primary goal is to reach out the hand of AA to our community. Our schedule, with Al-Anon participation includes meetings, panels, speaker meetings, marathon meetings and lots of fellowship in our hospitality room. The Roundup’s main event is our Saturday night fellowship dinner and speaker. We will have entertainment, ice cream social, 50/50, door prize drawings, and the AA countdown. It’s an experience that should not be missed.

Registration for the Roundup is \$30 before January 21, 2022, after that it will be \$35. On-line registration is easy, secure and only takes 1 minute & a credit card. Or download the flyer and mail in a registration form and check. Registration is required to attend any of the convention events.

#### Why do I have to pay?

While there are no dues or fees for membership in AA, there are many conferences around the world. The most common misconception of these gatherings are that they are AA meetings, and “there are no dues and fees for AA membership”. However, Conventions and Conferences are special events, not regular AA meetings.



### Newsletter Team

Sandy B.—Publisher  
Vickie M.—Editor  
Pattie O., Lori B., Paul BR., Paul  
L. and Bill O—Contributors

### Newsletter Information

The newsletter team is looking for our next contributor for sharing their personal story. An abridged version of where you were at, what happened, and where you are now. If interested or for more information, please contact us at [Newsletter@aayuma.com](mailto:Newsletter@aayuma.com).



## ***UPCOMING EVENTS***

***Being of Service  
Delegate Report and Pot Luck  
October 30, 2021***

**Trinity United Methodist Church  
3030 S. 8th Ave Yuma**

**Potluck will be held at 12:00. Use  
the below (first letter of your last  
name) to bring your favorite dish  
to share:**

**A-I—Side Dish**

**J-R—Main Dish**

**S-Z—Dessert**

**Sign up sheets are available at the  
449 Club, Foothills Alano Club and  
Central Office. Please sign up by  
10/29.**

### ***13th Annual Seniors in Sobriety International***

Hybrid Conference Alcoholics Anonymous with Al-  
Anon Participation

Bahia Hotel  
998 West Mission Bay Dr.  
San Diego, CA  
October 24-27, 2021

Email Contact: [info@seniorsinsobriety.com](mailto:info@seniorsinsobriety.com)

Conference Website: [2021 SIS Conference](https://www.sisconference.com)



Virtual Registration -

[International Women's Conference \(internationalwomensconference.org\)](https://internationalwomensconference.org)



## Thank You Hotline Volunteers!

Beth F.      Vina M.      Johnny  
Bruce L.      Tommy G.      Lisa & Paul L.  
Wanda C.

Available 7 Days a Week/24-Hours a Day: (928) 782-2605

If you are interested in service work and would like to volunteer to either answer hotline calls or train as a backup, please contact [newsletter@aayuma.com](mailto:newsletter@aayuma.com)



## Thank You Office Volunteers!

Lisa and Paul L.      Jody M.      Bud N.      Vina M.

Intergroup Central Office is located at:  
1455 S 4th Ave, Yuma, AZ 85364

Hours:

Monday, Thursday, Friday and Saturday —11:00 am  
to 1:00 pm

Wednesdays—5:00 pm to 7:00 pm



## Upcoming Available Service Positions for District and Intergroup

A great way to be of service and learn more about AA!

### District:

DCMC

District Secretary

District Treasurer

Grapevine Representative

### Intergroup:

District Liaison

Schedule Representative

Contact Paul BR for more information on the District openings and/or Paul L for Intergroup openings.